Instruction 1(b).

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

| Washington, | D.C. | 20549 |
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|-------------|------|-------|

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

| OMB APPROVAL | | | | | | | |
|--------------------------|-----|--|--|--|--|--|--|
| OMB Number: 3235-0287 | | | | | | | |
| Estimated average burden | | | | | | | |
| hours per response: | 0.5 | | | | | | |

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| Name and Address of Reporting Person* Afshar David | | | | | 2. Issuer Name and Ticker or Trading Symbol Aveanna Healthcare Holdings, Inc. [AVAH] | | | | | | | | (Cł | neck all ap Dire | , | | son(s) to Is 10% Ov Other (s | vner | |
|--|---|---------|--------------------|---|--|--|---|-----|---------------------------------------|------|---|---|-----------------|---|--|------------------------------------|---|--|------------|
| (Last) | (Fir | st) (N | /liddle) | | | | | | | | | | | | beio | , | | below) | · |
| C/O AVEANNA HEALTHCARE HOLDINGS INC | | | | 3. Date of Earliest Transaction (Month/Day/Year) 11/17/2021 | | | | | | | | | | Chief Fina | ncial(| Officer | | | |
| 400 INTERSTATE NORTH PARKWAY SE | | | | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | | 6. Individual or Joint/Group Filing (Check Applicable Line) | | | | | | | |
| (Street) | | | | | | | | | | | | | | | , | n filed by On | e Repo | orting Perso | on |
| ATLAN | ΓA GA | 3 | 0339 | | | | | | | | | | | | Forn Pers | n filed by Mo on | re thar | n One Repo | orting |
| (City) | (Sta | ate) (Z | ip) | | | | | | | | | | | | | | | | |
| | | Table | I - Non-D | Derivat | tive S | Secu | rities | Acq | uired, | Dis | posed of | , or l | Bene | eficia | ally Owr | ned | , | | |
| 1. Title of Security (Instr. 3) 2. Transac Date (Month/Da | | | | | Exec ay/Year) if any | | Deemed ecution Date, ny onth/Day/Year) | | Transaction Disposed (Code (Instr. 5) | | es Acquired (A Of (D) (Instr. 3, | | | nd Secur Benef | icially d Following | Form (D) or | | 7. Nature of Indirect Beneficial Ownership | |
| | | | | | | | | | | v | Amount | (A) |) or) | Price | Trans | Transaction(s) (Instr. 3 and 4) | | | (Instr. 4) |
| Common Stock, par value \$0.01 per share 11/17/2 | | | | | 2021 | | | | P | | 3,850 | | A | \$7.7 | 3 23,454 | | | D | |
| | | Tal | ole II - De e.ç | | | | | | | | osed of, convertib | | | | | d | | | |
| 1. Title of Derivative Security (Instr. 3) | perivative Conversion Date Execution Date, lecurity or Exercise (Month/Day/Year) if any | | | 4. Transaction Code (Instr. 8) | | 5. Nu of Deriv Secu Acqu (A) o Dispo of (D) (Instr | rities ired osed | | on Da | te | 7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4) | | | 8. Price of Derivative Security (Instr. 5) | 9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4) | y G | Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) | |
| | | | | | Code | v | (A) | (D) | Date Exercis | able | Expiration Date | Title | or Nun of | ount nber res | | | | | |

Explanation of Responses:

Remarks:

/s/ Shannon Drake, Attorney-

11/18/2021

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.