FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL									
	OMB Number: 3235-028 Estimated average burden									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Retchin Sheldon M					2. Issuer Name and Ticker or Trading Symbol Aveanna Healthcare Holdings, Inc. [AVAH]						[] (Ch	elationship of the control of the co	able)	g Pers	on(s) to Issu 10% Ow		
	EANNA HE	EALTHCARE H		08	3. Date of Earliest Transaction (Month/Day/Year) 08/15/2022							Officer below)	(give title		Other (s below)	pecify	
400 INTERSTATE NORTH PARKWAY SE				4.	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street)	ΓA G	A	30339								Form filed by One Reporting Person Form filed by More than One Reporting Person				- 1		
(City)	(St	tate)	(Zip)														
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																
Date			ransactior onth/Day/Yo	Execution Date,		Code (Instr. 5)		ed (A) or tr. 3, 4 and	Beneficia	es Form ially (D) of Following (I) (I		m: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
								Code	v	Amount	(A) or (D)	Price	Transact (Instr. 3	ion(s)	on(s) nd 4)		msu. 4)
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year	Code	Transaction of Code (Instr. Derivative			6. Date Exercisable and Expiration Date (Month/Day/Year) Grant T. Title and Am of Securities Underlying Derivative Securities (Instr. 3 and 4)			es g Security	8. Price of Derivative Security (Instr. 5)		ly	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisab		Expiration Date	Title	Amount or Number of Shares					
Restricted Stock Units	(1)	08/15/2022		A		61,611		(2)		(2)	Common Stock, par value \$0.01 per share	61,611	\$0.00	61,611		D	

Explanation of Responses:

- 1. Each restricted stock unit ("RSU") converts into one share of common stock, \$0.01 par value per share ("common stock"), of Aveanna Healthcare Holdings Inc.
- 2. The RSUs vest on August 15, 2023. Common stock in respect of vested RSUs will be delivered to the reporting person as soon as practicable following the vesting date, and, in any event, within 60 days following such date.

Remarks:

/s/ Shannon Drake, Attorney-In

08/17/2022

fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.